**Letting Go**

It’s the challenges of fostering - this is something that I didn't think that I could do going into it. When the children move on or that they move I the back to the family because that's the hope that they are reunified with their family or they move on to perhaps adoption or perhaps another family member.

0:20

The letting go I didn't think that I could do. It's not easy and it’s sometimes quite painful, but in the letting go you know you've made a difference to that child, to their family, to your own family.

0:41

It’s taught my children empathy, compassion, service beyond whatever I could tell them about. They see it. They feel it. They live it.