

Policy on a “Nut Safe” Family Centre

Family Centre Policy #003



Purpose and intent

- 1 The Family Centre (FC) is an inclusive facility focused on building the strengths, wellbeing, and health of children and families. We recognize that serious nut allergies create serious health risks for children and adults, and can reduce access to programs and services if an environment is not safe from nut contaminants.
- 1.1 The Family Centre, however, cannot be responsible for all food and drinks that enter the facility. As such:

The objective of this policy is to **create a “nut safe” environment by requesting that everyone who enters FC takes responsibility** for ensuring the safety and wellbeing of people at risk of anaphylaxis.

- 1.2 In an effort to create a “nut safe” environment, the following policy has been adopted by the Family Centre Steering Committee. This policy will be reviewed bi-annually/as needed to ensure that it remains appropriate to the needs of the community involved with the Family Centre.

Policy

- 2 Primary responsibility for the health and safety of children is held by the **responsible party**: FC tenants, the parent/guardian, an assigned caregiver, and/or the individual/organization responsible within the FC Rental Contract (renter).
- 2.1 Responsibility for the training in identifying anaphylactic reactions and using Epinephrine will be held by the responsible party.
- 2.2 The responsible party should create an emergency plan with any child at risk of anaphylaxis.
- 2.3 It is everyone’s responsibility to ensure a “nut safe” environment. As such, all FC partner staff and volunteers, external parties using/renting space within FC, and FC clients, should read ([Nutrition Matters: Peanut Allergies in Schools](#) by Toronto Public Health) for tips on what should and should not enter FC.
- 2.4 Staff, organizations, and parents/guardians can find more information from [Region of Waterloo Public Health](#) and www.anaphylaxis.ca.

Links:

Nutrition Matters: Peanut Allergies in Schools - http://www.toronto.ca/health/pdf/nm_peanut_allergies.pdf