

# Your Toddler's Journey to Kindergarten Virtual Program



Learn skills and strategies for understanding and supporting your two year-old's social and emotional development. This program lays a foundation for the transition to kindergarten.

Topics in this five-week virtual parenting program, include:

- Understanding toddler behaviour
- Self-regulation and co-regulation skills
- Play and learning
- Importance of relationships in learning
- Understanding your own stress as a parent

## Available Program Dates:

**Tuesdays (1.5 hours) - Time: 10:00am - 11:30 am - Location: Zoom**

Session#1: January 11 - February 8 (5 weeks)

Session#2: February 22 - March 22 (5 weeks)

Participants will be mailed/delivered kits as part of this program.

[Please follow this link to register.](#)

If you would like to connect with the Project Team Lead directly – please see her contact information below:

**Anna Borozynets, RECE**  
*OTF Seed Grant Project Lead*  
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Note: Please check SPAM folder! Our emails may not be a recognized contact in your email program. If you do not receive the email from our facilitators in 2-3 business days, please email us at: [reception@ourplacekw.ca](mailto:reception@ourplacekw.ca)

*This free program is made possible by the Ontario Trillium Foundation and is intended for families living with low income.*