
CARING DADS

Eligibility is determined during a required screening interview.

You may register for a Caring Dads Group by contacting the John Howard Society at 519-743-6071 or emailing caringdads@jhsww.ca

Or

By speaking with your FACS worker and having them submit a referral on your behalf.

There is no fee for this program.

The Caring Dads group is currently offered virtually using zoom.



FAMILY &
CHILDREN'S SERVICES
OF THE WATERLOO REGION

Help Today for a Better Tomorrow

The Caring Dads Program is offered jointly by
Family & Children's Services of
Waterloo Region and
John Howard Society of Waterloo-
Wellington.



Caring Dads is funded by the Ministry
of Children, Community and Social
Services



The Family Center is located at
65 Hanson Ave, Kitchener.
The John Howard Society is located at
310 Charles Street East, Kitchener.



*Helping fathers value
their children.*

A program to help fathers
improve their relationship
with their children and end
controlling abusive and
neglectful behaviour.



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Help Today for a Better Tomorrow

Do you sometimes feel so angry at your child that you feel like blowing up?

Are you concerned that your relationship with your child is not as close as you hoped it would be?

Do you sometimes wonder how well you know your child?

Sometimes are you concerned about the level of discipline that you seem to need to keep your child in line?

WHAT IS CARING DADS?

Through 13 sessions fathers will...

- Develop skills to cope in healthy ways with frustrating situations
- Understand how different fathering strategies and choices effect children
- Increase their awareness of controlling abusive and neglectful attitudes and behaviours

The Caring Dads group program runs one evening a week for 13 weeks. This group offers:

- A unique opportunity for men to connect as fathers
- A combination of active group discussions exercises and homework

Facts about fathering:

- Fathers can and want to be a positive influence in the lives of their children
- Positively involved fathers enhance their children's academic, personal and social development children's academic personal and social development

Unfortunately, fathers can also have a negative impact on their children. This occurs when fathers:

- Do not understand the feelings and needs of their children
- Harshly discipline their children
- Argue frequently with their children's mothers

