

Families in TRANSition



Families in TRANSition (FIT) is a program for trans, non-binary, and gender-questioning kids and youth and their parents/caregivers.

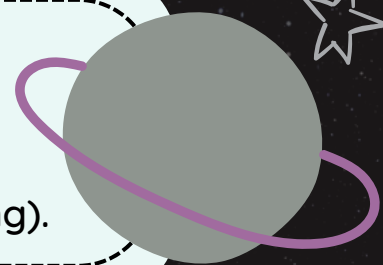


FIT is open to all adults who play a primary caregiving role for a trans/non-binary/gender-questioning person aged 5-18. There are separate groups (by age) for the kids and youth that run at the same time in different rooms. If your young person doesn't want to attend or isn't able, you can still attend the parent/caregiver group.



FIT provides caregivers with information about gender identity, strategies for improving communication and connection with transgender/gender questioning young people, and general support in parenting a trans/gender-questioning youth.

The Families in TRANSition Program is a 10-week group that meets Mondays from 5:00pm-7:30pm. FIT runs from April 17 - June 26 (no group on May 22) at 480 Charles St E., Kitchener (KW Counselling Services building).



To register please visit ok2bme.ca/services/FIT or call 519.884.0000