

# OVERDOSE ALERT

## Kitchener, Waterloo, Cambridge and surrounding areas

At least six overdoses have been reported in Cambridge and Kitchener in the last four days. HEROIN is suspected in 5 of the overdose emergencies and FENTANYL in one overdose. Toxicology reports are pending.

The presence of bootleg fentanyl - an opioid - mixed in with substances including heroin, cocaine, crystal meth and/or pressed into pills is a concern. Bootleg fentanyl is of unknown strength and cannot be seen, smelled or tasted.

### **Please exercise extreme caution with ALL drugs If you choose to use have a safety plan**

- never use alone - have someone check on you
- try a small amount first
- avoid mixing substances
- have naloxone ready
- if you use with a friend do not use at the exact same time

### **IF SOMEONE OVERDOSES**

1. CALL 911 with address
2. Administer naloxone if an opioid overdose is suspected
3. Provide CPR or rescue breathing as required

An opioid overdose victim cannot save themselves.

For Overdose prevention and naloxone training contact:  
Sanguen Health Centre at 519-603-0223  
Public Health 519-575-4400

Follow @whatsyourrole and @wrdrugstrategy for overdose alert updates  
Have an overdose or tainted drugs to report - email: OD@whatsyourrole.org  
Overdose report forms available for download at [www.whatsyourrole.org](http://www.whatsyourrole.org)

This alert was issued as part of OMARS - Overdose Monitoring, Alert and Response System of the Waterloo Region Integrated Drugs Strategy.

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