



ORLENA
Radio and
Television
Personality

"It's shame that really takes a toll on abused children. It's not what happened, the beatings and abuse, but the shame that eats you up from the inside out. You feel like you're not worthy of love, like you're damaged goods. I know. I was abused from the time I was four until I was fourteen. Children's Aid, with all their support, made the difference. They helped me put Orlena back together again. I speak for Children's Aid now because they spoke for me."

"I Am Your Children's Aid."

Family and Children's Services of the Waterloo Region is your children's aid.

Contact us to find out how you can help our community's children at risk of abuse or neglect by fostering, adopting, volunteering, or donating.

Call 519.576.0540 or visit www.facswaterloo.org today.