

Sexual Abuse Treatment Program

Services are available free of charge and assistance with transportation is available. Funding for the program is supported by the Ministry of Children & Youth- Mental Health and Child & Family Intervention Program.



Therapeutic Treatment

Services are offered by a team of skilled, MSW level professionals to reduce the impact of trauma that a child and family may experience when sexual abuse has occurred.

Preventive services to vulnerable children and youth to help reduce victimization by providing education, support and counselling.

Consultation services available for all community members to provide support and resources in the area of managing sexual abuse cases, providing sexual abuse treatment and creating healthy sexual environments for children and youth.

Eligibility Criteria:

- Services are available for all children/ youth up to age 18 and their caregivers.
- Services prioritized to clients of Waterloo Region but out of region clients will be accepted when there is space in programs.
- Families do not need to have an active child protection file to receive services but all suspected cases of child sexual abuse by a caregiver, family member or someone in a position of authority/trust need to be investigated by Family and Children's Services prior to receiving treatment services.
- Youth over 12 who have committed a sexual offense require an investigation by the police and/or Family & Children's Services prior to receiving treatment services.

*For program inquiries or to make a referral, contact: **Michelle Smith** at **Michelle.Smith@facswaterloo.org** or 519.576.1329 ext 3607.*



Sexual Abuse

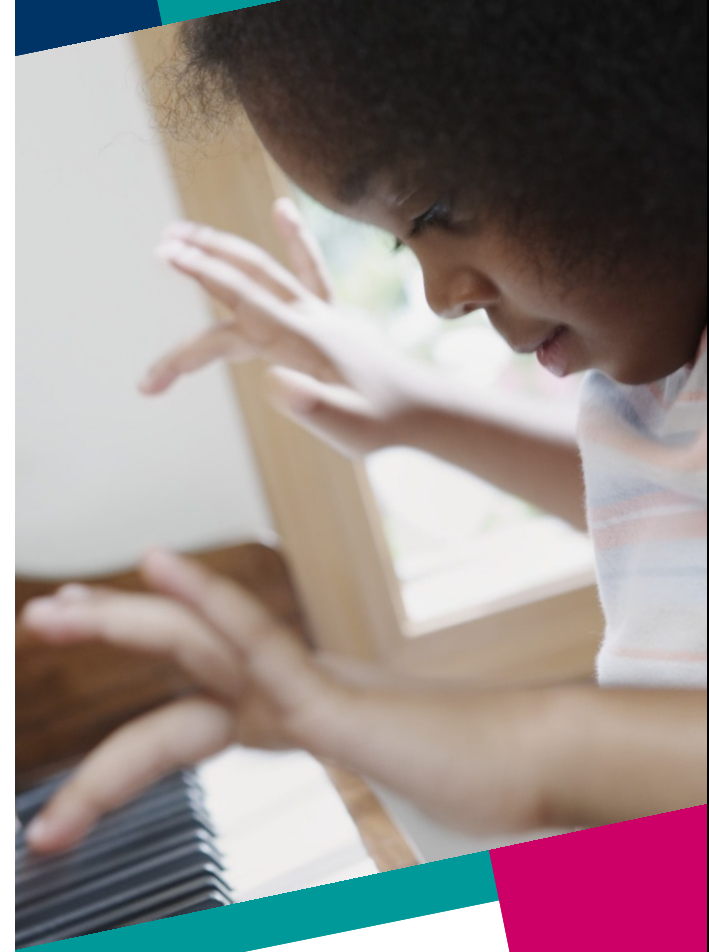
Treatment Program

Family and Children's Services
of the Waterloo Region

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Healing..support...hope

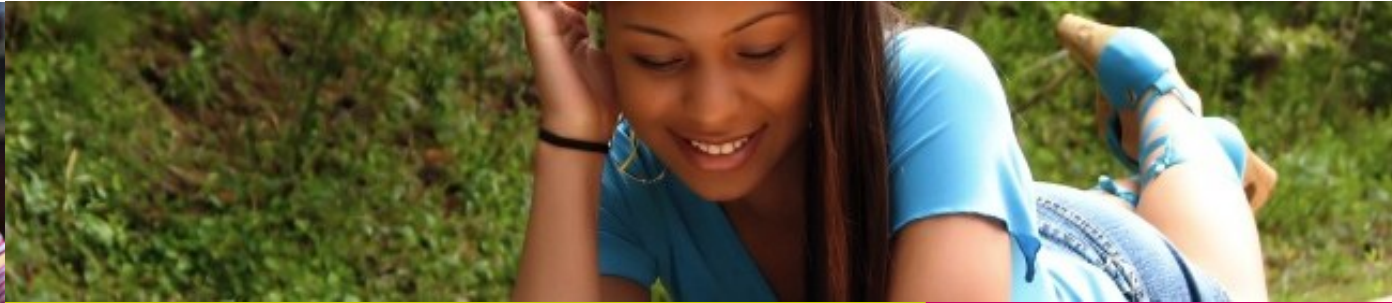


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Types of services available.



Consultation and Education.

- Monthly Walk in clinic staffed by Sexual Abuse Treatment Program staff to provide resources, support and information to all community members (clients and professionals) with questions regarding sexual abuse treatment, healthy sexuality and concerning sexual behaviours .
- Training and support available to professionals requiring support and education to assist children/youth in the area of sexual abuse treatment.

Clinical Services & The Walk In Clinic are offered at The Family Centre, 65 Hanson Ave, Kitchener. Services are also available at 168 Hespeler Rd, Cambridge.

Treatment Services:

(available to children and youth up to age 18 & their caregivers)

- Crisis of disclosure program for brief supportive counselling to families experiencing the impact of sexual abuse immediately following a disclosure.
- Individual, group & family therapy for children/youth who have experienced sexual abuse (including peer sexual assaults).
- Individual, group & family therapy for youth who have sexually offended.
- Individual, group & family therapy for children/youth with concerning sexual behaviours.
- Groups for caregivers of children & youth who have experienced sexual abuse and/or youth who have sexually offended.

Preventive Services:

- Healthy sexuality/ safety skills teaching for vulnerable children and youth identified at risk of sexual assault .
- Group program for vulnerable female youth identified at risk of experiencing sexual assault and/or dating violence.
- Dedicated support to foster parents caring for children where there are issues regarding sexual abuse and/or concerning sexual behaviors.